

Leona Skanes, Principal
Carolyn Brush, Senior Secretary

School Year 2011-2012
December 2011/January 2012

Absence Check Number
905-845-3504



Stacey Sinclair, School Council Chair
Stuart Miller, Superintendent
Kelly Amos, Trustee, Wards 5 & 6

Website: www.hdsb.ca/sheridan

The Sheridan Showcase

1555 Lancaster Drive ♦ Oakville, Ontario ♦ L6H 3H4 ♦ 905-845-3925

Sheridan's Holiday Concert

Our concert was a wonderful success. We want to again thank all students and staff for all their hard work. The show was spectacular.

Special mention and thanks to Mr. Ferreira who was instrumental in setting up the gym for the performance and then removing everything following this event.

UPCOMING EVENTS December Reminders

Early Dismissal December 23

Our schedule changes on December 17th due to early dismissal. Here is our schedule:

Period 1 - 8:45
Period 2 - 9:25
Nutrition/Exercise Break - 9:55
Period 3 - 10:35
Period 4 - 11:10
Nutrition/Exercise Break - 11:45
Period 5 - 12:35
Period 6 - 1:10 – Shoebox Float Parade
Dismissal - 1:45 – Happy Holidays!

January Happenings

January 9 – First Day back after Holidays

January 11 & 12 – Pizza starts

January 18 – Healthy Snack starts again

January 18 – Mad Science assembly 12:00 p.m.

THANK YOU!!

Healthy Snack Program

We would like to take this opportunity to say "thank you" to our fantastic team of volunteers. Parents and students are advised that the program will run until December 22nd and will begin again January 18th.

The program will not be running during the first week back after the holidays.

School Council

Thank you to our School Council for their generous support of various programs at Sheridan. Using dollars raised with the help of all Sheridan families, our School Council is able to benefit student and staff learning.

Holiday Bazaar

The Holiday Gift Bazaar, was another great success this year! We owe a huge thank you to Chantal Ingram for organizing the event for Sheridan students. Thank you to the many parent and community volunteers that worked the two day event. Students appreciate the opportunity to purchase holiday gifts for their families. We are lucky to have great volunteers that so generously donate their time and talent to make positive contributions to school life!

Our Food Drive, in conjunction with the Bazaar, was also very successful and gave students a tangible opportunity to give to others.

Thank you.

SCHOOL COUNCIL NEWS

School Council would like to wish all a Happy Holiday and much success in the New Year!

HOW PARENTS CAN HELP

Optional Attendance

Halton students seeking placement at schools **other than their home schools**, do so by way of Optional Attendance.

Applications are being accepted at your home school from:

December 1- January 20, 2012

Not all schools are open to Optional Attendance. For a list of schools open to Optional Attendance and to obtain a copy of the registration form (located in the Optional Attendance Procedure) you can go to our website at www.hdsb.ca and click on Parent Info, Optional Attendance.

Mad Science

Once again we will be hosting the Mad Science program at Sheridan. This is an extra-curricular opportunity, running from February 7 to April 3, during the 2nd nutrition break.

More information will come home with your child on January 18 following the Mad Science assembly.

Register Now for Junior or Senior Kindergarten

We look forward to welcoming your child to school!

Junior Kindergarten 2012-2013: Children must be **4 years old by December 31, 2012.**

Senior Kindergarten 2012-2013: Children must be **5 years old by December 31, 2012.**

NOTE: If your child is currently attending one of our schools for Junior Kindergarten, you do not need to register for Senior Kindergarten.

To determine your designated home school, access our website www.hdsb.ca and click on "School Information" (school locator). You can call your designated school to find out which dates have been established for Kindergarten registration.

Please bring the following **original** documents with you to register:

- proof of residency via lease, purchase agreement or property tax bill.
- birth certificate, passport or baptismal certificate for your child.
- proof of immunization, or philosophical or religious exemption forms (and completed medical authorization where necessary).

If you are not the child's parent, or if you have sole custody, please bring proof of custody (court order). Please ensure your child is registered by **February 17, 2012.**

For further information, please contact:
Burlington: 905-335-3663, ext. 3389/3294
Oakville: 905 335-3663, ext. 3271
Halton Hills: 905-878-8451, ext. 3435
Milton: 905-878-8451, ext. 3307

Winter Outdoors Recess

Winter is a wonderful time for children to be outside to enjoy the season.

Please ensure that your children are always prepared for 25 minutes of outdoor play, wearing hats, mittens/gloves, snow pants and boots. As children love to play in the snow it is also a good

idea to pack extra mittens and socks in case they get wet during the day.

On extremely cold/windy days we receive a weather alert from the Board office and the decision is made to shorten outdoor time or call an indoor recess. However, our goal is to get outside each day and enjoy a Canadian winter.

Parent Volunteers

Interested in finding out about various parent volunteer opportunities? Sign up to receive email notices from the Sheridan volunteer network. To sign up email us at sheridanzvolunteers@googlegroups.com

Read with your Child(ren)

Please read with your children every night. Fostering a love of reading is most important for your child's future. If your child is not already coming home with books to read with you each night, please contact your child's teacher to find out what's missing.

Tips for Homework Success

Parents have an important role in helping their child develop good study habits and routines. Homework time should not be a time of stress and pressure, but rather a time for parents to offer encouragement and provide assistance as needed.

Helpful tips:

1. Let your child relax after school. Allow time to unwind and have a snack.
2. Ask your child about their homework. Ask questions about their home (e.g. are supplies needed and when it is due)
3. Set a regular time and arrange a place to do homework. Have clear expectations as to when and where homework will be done. This will reduce conflicts around homework completion.
4. Help your child get started. Be prepared to sit at the table with younger children, but don't do their homework for them.
5. Offer praise and encouragement while your child is working. Praise can help motivate your child to persist with their homework.
6. Prompt your child to solve problems themselves. For example, if your child asks you how to spell a word, you could say: "How do you think it is spelled?" Offer praise with each attempt. If after one or two prompts, your child does not get the right answer, tell them what it is. This will avoid your child from becoming frustrated.
7. Show an interest and say something positive about your child's work. When checking work, say something positive about your child's effort. If you must make corrections only point out one or two mistakes. Do not feel you have to make sure your child's work is perfect before they hand it in.

Parent / Community Information

“Boys and Girls Learn Differently” by Michael Reist – Free Presentation on Wednesday January 25, 2012, 7:00-9:00 p.m. Held at Holy Trinity Secondary School (2420 Sixth Line, Oakville). Registration is required by contacting Halton Region at 311 or 905-825-6000 or [click here](#) for on-line registration.

French Immersion – Grade One Information Night at Munn’s Public School

The Grade One Information Evening for parents (only) of students currently in SK and who are considering the French Immersion stream for their child will be held on Wednesday, January 11, 2012 from 6:30 - 7:30 p.m. at Munn’s Public School.



Girls on the Run

Girls on the Run is coming to Sheridan this spring! Girls on the Run is a program that recognizes that every girl is special, that every girl is strong, and that every girl is a winner! It involves running (or walking), but also teaches girls in grades 3 through 5 about health, friendship, body image, self-esteem and community service.

The 20 lesson curriculum combines training for a 5k run/walk event with lessons that promote physical, emotional, and social development. At Girls on the Run, girls will learn about standing up to peer pressure, values, cooperation, healthy decisions, and more! The program will run on Mondays and Wednesdays from 3:15 p.m. to 4:30p.m. from April 10 through June 15, 2012.

For more information, please visit www.girlsontherun.ca, or contact: Mme. George

Farm to School

Our school is proud to be part of the Farm to School program offered through Halton Food for Thought and Halton Region. This fall our healthy snack program served students snacks which had been grown with pride by local farmers. Perhaps your son or daughter spoke of the fresh apple, pear, carrot or broccoli they enjoyed this fall! Farm to School sourced out locally grown, quality produce such as apples from Norfolk County, pears and broccoli from Halton Region and carrots from Peel Region. To learn more about the Farm to school initiative, go to <http://www.halton.ca/cms/One.aspx?portalId=8310&pageId=46822>

Head Lice Information Update December 8, 2011

Over the last few weeks there has been a significant increase in the outbreak of Pediculosis (Head Lice) within our Board and the Halton Catholic District School Board in the Halton Region. To deal with this increase, our service provider, We Care, has added additional staffing for each area of the region i.e. Burlington, Milton/Halton Hills, and Oakville. For your reference we have included information (see below) about Pediculosis (Head Lice).

Parents can also access information on Pediculosis (Head Lice) at <http://www.halton.ca/cms/One.aspx?portalId=8310&pageId=30565><http://www.halton.ca/cms/One.aspx?portalId=8310&pageId=30565>

HOW TO PREVENT SPREAD OF HEAD LICE:

- Check your child’s hair carefully once a week for lice and eggs. They are hard to see.
- Teach your child to brush/comb their hair every night using their own hairbrush.
- Braid long hair or put into ponytail. Children having sleepovers should bring their own pillow and bedding.

WHAT ARE HEAD LICE? **Head lice** are tiny, wingless, grayish brown insects which live and breed in human hair. They move quickly when you part the hair and are hard to see. **The eggs** are half the size of a pinhead, (.08 mm), oval in shape and grey to brown in colour. The tiny eggs are glued firmly to the hair. Newly laid eggs are **very close** to the scalp. The warmth at the scalp will hatch them in about 7 – 10 days.

WHAT YOU NEED TO DO:

- Talk to a pharmacist. Ask for a product that kills head lice and their eggs. Ask if there are any special precautions to take while using the product. Some products may not be recommended for young children, people with certain allergies or pregnant and nursing mothers.
- If unsure, please check with your doctor.
- Also ask your doctor regarding treatment for the following persons:
 1. for treatment of children under the age of two;
 2. for persons with a seizure disorder;
 3. if lice are discovered on eyebrows, eyelashes or beard;
 4. if the skin of the scalp is broken or infected;
 5. for pregnant or breast feeding mothers.

- Only treat family members who **have** head lice.
- Follow the product directions **exactly**. Never use these products on a daily basis,
- Wear plastic or rubber gloves when using the product so you won’t expose your hands to the chemical for too long. Wash your hands well, immediately after using the head lice product.
- Hold a towel tightly over the eyes to protect them from the product during treatment.

