

Mental Health & Well-Being

This strategy aims to provide a safe, inclusive environment where the mental health and well-being of all students is prioritized and supported.

Student Mental Health and Well-Being

Key Priorities:

- Students have awareness, knowledge and skills related to cognitive, spiritual, social, emotional and physical well-being
- Students are actively engaged in planning mental health promotion activities



Mentally Healthy School and Classroom Environments

Key Priorities:

- Staff understand the whole person approach to student well-being, and use this approach to develop student mental health and well-being
- Educators provide inclusive and culturally relevant and responsive well-being practices and social emotional instruction everyday



Mental Health Support and Care

Key Priorities:

- Student access to mental health support and care is improved
- Students receive high quality mental health care
- Parents, school staff, students and community agencies actively engage to create Circles of Support